

# **BALSAMIC TOMATO PARMESAN RISOTTO**

with Basil Oil & Zucchini



## HELLO . **BASIL OIL**

A sweet and herbaceous drizzle for your rich risotto



Veggie Stock Concentrates



**Grape Tomatoes** 





Parmesan Cheese (Contains: Milk)



Tuscan Heat Spice

Arborio Rice





Balsamic Vinegar

PREP: 10 MIN TOTAL: 45 MIN CALORIES: 540

26.9 BALSAMIC TOMATO PARMESAN RISOTTO\_NJ.indd 1

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#### **START STRONG**

Serve your risotto the Italian way: on hot plates. Set your oven to its lowest heat setting and put the plates in for 5 minutes. This will keep the rice warm and toasty, the way it's meant to be.

#### **BUST OUT**

- Medium pot
- 2 Large pans
- Kosher salt
- Black pepper
- Vegetable oil (1 tsp | 1 tsp)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

#### **INGREDIENTS**

Ingredient 2-person | 4-person

• Veggie Stock Concentrates 2 | 4

• Scallions 2 | 4

Arborio Rice
 3/4 Cup | 1½ Cups

Grape Tomatoes 4 oz | 8 o

• Zucchini 1 2

• Basil Oil 5 tsp | 10 tsp

• Balsamic Vinegar 5 tsp | 5 tsp

Parmesan Cheese
 1/4 Cup | 1/2 Cup



In a medium pot, combine 4 cups
water (7 cups for 4 servings) and stock
concentrates. Bring to a boil, then reduce
to a low simmer. Meanwhile, wash and
dry all produce. Trim and thinly slice
scallions, separating whites from greens.



MAKE RISOTTO
Heat a drizzle of oil in a large pan
over medium heat. Add scallion whites;
cook until softened, 1 minute. Add
rice and 2 tsp Tuscan Heat Spice (4
tsp for 4; you'll use the rest in the next
step). Stir until rice is translucent, 1-2
minutes. Add ½ cup stock; stir until
liquid has mostly absorbed. Repeat
with remaining stock—adding ½ cup
at a time and stirring until liquid has
absorbed—until rice is al dente and
mixture is creamy, 25-30 minutes.



START VEGGIES
Once risotto has cooked 20 minutes, halve tomatoes. Trim and dice zucchini into ½-inch pieces. Heat 1 tsp basil oil (2 tsp for 4 servings; save the rest for serving) in a second large pan over medium-high heat. Add zucchini and remaining Tuscan Heat Spice.
Cook, stirring, until tender and lightly browned, 4-6 minutes.



FINISH VEGGIES
Add tomatoes and half the vinegar
(all for 4 servings) to pan with zucchini.
Cook, stirring, until tomatoes have
softened, 2-3 minutes. Season with salt
and pepper. Turn off heat.



5 FINISH RISOTTO
Once risotto is done, stir in 1 TBSP
butter (2 TBSP for 4 servings) and half
the Parmesan (save the rest for serving).
Taste and season with salt and pepper.



**SERVE**Divide **risotto** between bowls.

Top with **veggies**, **scallion greens**, and remaining **Parmesan**. Drizzle with remaining **basil oil** to taste and serve.

### **SO HOT IN HERE**

If you've got chili flakes on hand, sprinkle your risotto with a pinch for added heat.

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